



The Zero Harm Cup is a Culture to embed SAFETY into Everyday Practices

Safety hazards in the mining industry may be more prevalent than in any other work environment. Palabora Mining Company proved once more that workplace safety is a top priority within its organization by halting operations for Safety despite productivity and profits being legitimate targets.

The AMSHEQ department, led by Executive Manager: Itumeleng Ngoae, kicked off its 2024 annual safety strategy with the relaunch of the Zero Harm Cup Soccer Tournament on 21 June 2024 hosted at the Frans du Toit High School sports grounds.

The Zero Harm Cup Soccer Tournament is much more than just a fun day of games for employees. It is a loud

proclamation of the organization's determination to fight against the 15 fatal risks identified on site including any other 'wild card' hazards that may present itself when work is being conducted.

PMC's daily prerogative is to return workers back home to their loved ones, alive and safe. The adaptation of the campaign to a soccer analogy is a proactive measure to make safety relatable. In the year 2023, PMC recorded an astounding safety performance of only 5 LTIs – reminding us that achieving an INJURY-FREE workplace is POSSIBLE. Through participation in the series of virtual soccer games, a workplace culture change became evident on both an individual and team level. With time,

the workforce safety performance showcased evidence that team mindsets were changing, and the teams were empowered, including the development of critical skills such as: **risk identification, application of mitigating factors, innovative thinking, teamwork, collaboration and effective communication.**

This year, the all-popular Zero Harm Cup activities comprised both **Netball and Soccer - Employees VS Management.** However, the Soccer game were a step up! The teams played-off with professional soccer legends as teammates and coaches namely: ***Thapelo Liau, *Katlego Mphela, *Andries Sebola, *Brian Baloyi, *Lucky Lekgwathi, *Molefi Ntsoelengoe and *PSL referee Jelly**

Chavani. The much-loved soccer legends further boosted the event with advocating for safety and sharing safety messages and tips, encouraging the workforce to observe safety standards and regulations at work, because adherence to rules are essential to reducing risks and hazards and compliance will effectively deliver **peace of mind and ultimately** save their lives.

The day ended on a special note with PMC CEO: Mr. Wei scoring a penalty goal against the unconquerable Brian *Spiderman* Baloyi.

SEE SOMETHING! SAY SOMETHING AND SAVE SOMEONE!



2024 Zero Harm Cup Soccer Tournament Relaunch





PMC SUPPORTS MEN'S MENTAL HEALTH AWARENESS



Conversation around men's mental health have gained momentum globally, breaking long-held stigmas and encouraging open dialogue in order to avoid continuous suffering or in the worst case – committing suicide.

At Palabora Mining Company, on Friday 28 June 2024, in honor of Men's Mental Health Awareness Month, Employee Relations department and PMC Peer Wellness Support group, hosted a series of minewide sessions engaging men to seek help, address issues because it is generally accepted that men are always reluctant to talk about their stressors.

The roadshows were a huge success as PMC men came out in large numbers to attend the sessions at either Seboka Lapa, HR parking, Vermiculite and Refinery. Mental health challenges are a **REALITY** and men of varying ages, ethnicities and affluences – openly spoke about their stressors including: spirituality, marital, relationships, monetary, work, health and addictions.

Speaking on behalf of the PMC Peer Wellness Support structure, Dr. Lucas Meso, Superintendent Clinic Services, stated that the organization supports men's well-being and promotes an environment where everyone's opinion is respected and heard.

"Let's keep raising awareness of mental health issues and establishing an environment at work that supports everyone's mental health and wellbeing," Dr. Lucas Meso, Superintendent Clinic Services.

"Remember, strong men ask for help. Our offices are always open for you and our services are free. If we work together, we can break down stigmas," Nandi Nkosi, Employee Wellness Practitioner.

"Men should normalize breaking down barriers that prevent them from opening up. They should normalize mental health conversations, open dialogues, and creating safe spaces for each other", Sibusiso Mgidi, psychological counsellor.

Thank you to all the men who were BRAVE and attended the sessions!

Thank you also, to all the female colleagues who stood by their side, understanding that working together will make the difference!



FROM THE EDITORS DESK

The successful relaunch of the Zero Harm Cup Soccer Tournament sets a resounding tone of our strong commitment towards safety and wellness. Similarly, we need to resonate the same kind of care and accountability about the safety and wellbeing of our male colleagues, by encouraging them to speak up about their stressors daily.

"MAN UP" is really not the answer!



MASEKE COMMUNITY COMMEMORATES THE LIFE OF KING MALATJI



The Maseke community and Matome Foundation continues to honour the life of Kgoshi Matome Malatji for his 30 year rule.

This year, on June 17, 2024, the protocol was once again observed, with Matome Foundation commemorating the late king's life by hosting a soccer tournament at the Maseke Sports Grounds.

The community of Maseke and other stakeholders, including PMC, attended the soccer tournament in large numbers to honour the king. Moreover, PMC honoured the day with the provisioning of the day's refreshments, awards, soccer kit and balls. PMC Contractor, Nandzu Trade and General Projects, a beneficiary of our Supplier and Development (SD) program, assisted by contributing tents and mobile ablutions to the success of the day.

"Thank you, PMC, and Nandzu. Your efforts towards building

our communities and nation are well noted. This is nation building; these children are the future leaders of this country. We truly appreciate your presences, assistance and contribution towards achieving balance between sports and upholding a healthy lifestyle," Ernest Malatji: Maseke Tribal Member

"Well done to the community of Maseke and Malatji Foundation. As PMC, we commend your efforts as a community to honour your King's life and legacy. Equally important, thank you to our contracting partner Nandzu, for your kind donation, which contributed immensely to making today a success." Tshidi Ngobeni, Superintendent Transformation (PMC).

Thank you to Nandzu for your donation! May Kgoshi Matome Malatji's memory live forever!

