

# PALA CONNECTOR APRIL - JUNE 2023 EDITION

# Promoting action for Safety - Our journey to Zero Harm

CEO'S CORNER | FROM THE EDITOR'S DESK | SHEQ CORNER | LEADERSHIP CORNER OPERATIONAL UPDATE | WOMEN IN MINING | PAST EVENTS HIGHLIGHTS







# **CONTENTS**

CEO's Corner

2 3

4

8

11

- From the Editor's Desk
- Workplace harassment!
- 5-6 Leadership Corner: Sechaba Letaba - Winners are not those who never fail but those who never quit
- 7 Exemplary Leader: Johan Du Plessis hangs up his PMC health and hygiene boots
  - New employee: Welcome Aboard Bobby Malatji
- 9-10 SHEQ Corner: PMC drives efforts to promote safety...

#### MAIN / LEAD STORIES

- PMC invests in science by donating lab equipment...
- 12 Safety stand down conducted to enhance safety measures...
- 13-14 PMC Marula Family Marathon breaks record in bringing people together
- 15-16 Crusher 5: A massive work in progress
- 17-18 PMC Women In Mining open their hearts to local children

#### **OUR HEART AND SOUL**

- 19-20 Growth and Asset Management battle it out...
- 21 Employee Profiling: Patricia Khosa
- 22 Employee Profiling: Elliot Makatu
- 23 PMC's fastest woman, bold and powerful - Angelique Kriel
- 24 The Benefits of Donating Blood
- 25 Organisational Design and Operational Readiness...
- 26 Logistics Shipping team are on a mission to know PMC better
- 27 PMC Awards employees and teams with innovative...
- 28 Mental Health in Men!
  - PMC, Hlayeleni Consulting Engineers and Selby construction...

## 30 31-32

#### PAST EVENTS HIGHLIGHTS

PMC Marula Family Marathon

BACKPAGE: PMC VISION, MISSION, VALUES & CORE PRODUCTS

# THANK YOU FOR A FULFILLED DECADE OF SERVICE

s we conclude the first half of the year, there are so many things to be grateful for, just as there are so many reasons to look forward to the possible promise of the rest of the vear.

Personally, it gives me great pride for me to retire from a decade of fulfilling service at PMC at the time when the business is doing relatively well. When I joined PMC in 2013, after the conclusion of the sale between Rio Tinto and the HBIS group. I was not prepared for all the lessons and achievements. One of the most challenging times was dealing with a global pandemic that threatened economies worldwide, especially in the mining manufacturing industry. I am grateful that we have managed to overcome these difficult times, comina out showing courage and great resilience, whilst making a distinctive difference in the local communities. I am confident that the direction in which the company is going, it can only be steered to paramount

heights.

Remember, our actions ultimately seal our fate, whether we do good or bad, every action has a relative reaction. The SHEQ Department has done an excellent job in ensuring that employees connect with all messages shared to ensure

Corner

Mr Jinghua Han



29



everyone's education and participation. Continue encouraging one another to be alert and always do the right thing, even when no one is watching.

Great work is rewarded and valued at PMC, continue using the reward system for employees and teams that go above and beyond their line of duty when it comes to production and safety. It is through all collaborative efforts and recognition that the business will flourish, attract, and retain talent to develop this mine and Phalaborwa communities.

I am very thankful for the support that I have received from all of you, especially the Board of Directors and Executive Committee. I trust that you will offer the same support to Mr. Guangmin Wei, as he steps into the CEO role. I am confident that with his leadership. PMC will retain and reaffirm its status as an employer of choice in the mining industry throughout the continent.

I would like to express my sincere gratitude to the executive committee and PMC employees for your support as I served as CEO of this remarkable organization. I leave this company with fond memories of the last decade with relationships and colleagues that will stay in my heart forever.

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Best regards Jinghua Han

### From the Editor's Desk



## Serendipity is the art of good fortune

ne of the things that I have learnt in my personal life is that one should always be ready for the unexpected. Sometimes the things that we hope to find when we are looking, may not be what we necessarily find or need. A good friend of mine once said, our destiny and our goals are two completely different worlds. I can certainly understand what she meant by that now. One can truly be content or fulfilled when they have realized their ultimate destiny.

As our outgoing CEO, Mr. Jinghua Han goes to retirement in June, he shares his final words with all employees in this issue. We are grateful for Mr. Han's altitude leadership and service, and we are looking forward to the new era of management from Mr. Guangmin Wei.

This second quarter edition of the Palaconnector newsletter for 2023 is one that inspires me to be better than I was yesterday. Even amidst all the challenges that the business and the mining industry face, there are always individuals who continue to excel in their everyday lives and to be grateful for the opportunity to do so. In the leadership feature, we are inspired by Sechaba Letaba, a leader who has cemented his name in the mining world, not only by excelling at his work, but by rising every time after a fall. Not on few occasions but many occasions. This story will ignite the procrastinator in you to know that it is never too late to learn, as much as it doesn't matter how many times you fall but that one needs to rise and work harder than before!

THIS ISSUE: We feature the SHEQ Zero Harm as our leading front-page story as there are so many campaigns that the business continues to pitch in an attempt to promote safety in the workplace.

This is not a paper exercise but reinforced efforts to improve our safety culture at work. Teams in various divisions continue to shine in partaking in the Zero Harm cup to ensure that all safety protocols and procedures are followed. We are proud of this campaign and thankful to the leaders for ensuring that employees participate fully in this campaign. In the end, the ultimate goal is to ensure that our safety incidents are minimized, and no lives are lost. Let us continue to work safely and encourage others to do the same so that we can all Khumbul'ekhaya!

Check out the articles on your participation on the activities mine wide, from the cookout between Asset Management and Growth departments, family marathon, Africa Day and Youth Day. It was amazing to see the collaboration and dedication that went into all the campaigns. You were all amazing! As a business, PMC strives to create a culture that displays, celebrate all diverse cultures and employees. Giving me and you, yet another reason to be grateful for working at a company that cares about its employees' well-being.

#### I trust that you will enjoy reading this publication, feel free to share your comments and stories!

Sincerely

#### Lavish Mhlarhi

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Behaviour that makes an employee feel intimidated or offended is classified as workplace harassment. Harassment in the workplace is something real that occurs daily. It can take many forms and it is important to learn how to recognise the signs as with it comes severe consequences for our mental health. Let us look at the different types of workplace harassment. The sole purpose of a workplace harasser is to make their victim feel unsafe and uncomfortable. Workplace harassment can take place in the workplace and/or off-site.

#### **Discrimination Harassment**

Discrimination of any kind can make one's work-life difficult to cope with and make going to work every day a challenge. Discrimination harassment manifest itself in the use of hurtful nicknames, slurs, jokes, negative stereotyping or threatening or intimidating acts. The following are the categories of discriminatory harassment:

#### **Racial Harassment**

Can occur due to a victim's ethnicity, skin colour, heritage, citizenship, or country of origin.

#### Gender Harassment

This is a discriminatory behaviour towards a person based on their gender. The harassment is frequently motivated by negative gender preconceptions about how men and women should or should not act.

#### Religious Harassment

Is often linked to racial harassment, but it focuses on the victim's religious beliefs.

#### **Disability-based Harassment**

A person with a disability may experience harassment in the form of harmful teasing, patronizing comments, isolation, or a refusal to reasonably accommodate them.

A special thank you to editorial contributors:

PAGE 3



PMC NEWSLETTER - NEWS

#### Age-based Harassment

A person may be bullied simply because of their age and the stereotypes that comes with it.

#### Sexual Orientation-Based Harassment

Is gaining popularity and is recognized as a genuine form of workplace harassment, because of sexual orientation (e.g., heterosexual, homosexual, bisexual, asexual, etc.), victims are subjected to harassment.

#### Verbal Harassment

Verbal harassment is a type of psychological or mental abuse that involves the use of oral, gestured, and written language directed to a victim.

#### **Psychological Harassment**

Psychological harassment, or emotional/mental bullying, includes unwarranted hostile behaviour, verbal threats, intimidation, and aggressive actions made towards a victim.

#### Sexual Harassment

Sexual harassment is, as it sounds, harassment that is sexual in nature that generally includes unwanted sexual advances, conduct or behaviour, e.g.:

- Sexual comments, jokes, questions
- Inappropriate touching

REPORT

- Sharing sexual photos, videos, or memes
- Inappropriate sexual gestures
- Invading a person's personal space in a sexual way

#### Other Categories of Harassment

**Bullying** – including critical remarks and social exclusion. **Workplace violence** – often these are physical assaults directed towards persons at work or on duty.

**Abuse of power** – placing excessive or demeaning demands.

**Cyberbullying** – use of technology to harass by sharing gossip and humiliating information or direct messaging.

**Retaliation** – any act of harm committed in response to an actual or perceived threat.

For support and advice please do not hesitate to reach out to your Inhouse EAP Practitioner via the following:

> Ext: 8510 | Cellphone: 076 455 5918 Email: nandi.nkosi@palabora.co.za Office: Based at the Edu Centre

## Leadership Corner

# An eagle earns its honour from the storm it endures.

Sechaba Letaba: Package Manager Vertical Development

Born and raised in a small farming and dusty town of Excelsior (Latin word meaning 'higher up'), in the Free State province. Letaba was born 2nd in a family of four children. Many people may not be aware of this small town that made international headlines some fifty years ago when residents of the town were put on trial and ultimately sentenced for breaking the "Immorality Act" at that time. Growing up, Sechaba always had a passion for learning, after completing high school at Mariasdal, a Catholic boarding school, he went on to pursue a career in Engineering studies at UCT. He then dropped out and then proceeded to Wits Technikon, where he continued with mining engineering, then failed and dropped out. His perseverance prompted him not to give up. He was fortunate to get an opportunity to work at De Beers, one of the biggest diamond mines in South Africa. Sechaba continued with his studies and obtained a blasting certificate and became a miner.

After a few years, this outgoing leader ultimately went back to study and completed a National Diploma, then BTech degree in Mining engineering. He later furthered his studies and acquired an Advanced Diploma in Project Management as well as Post Graduate Diploma in Business & Leadership with GIBS. A true reflection of someone who never gives up! It is never too late to learn. Sechaba is currently affiliated to Southern Africa Institute of Mining and Metallurgy (SAIMM) and the Association of Mine Managers South Africa (AMMSA) where he is registered as a member.

Sechaba has been privileged to work in various large mining houses such as Finsch Mine, Namagualand, Assmang Operations where he worked as a General Manager and left in 2012. He had an opportunity to work at Kudumane Manganese and served as CEO, which was a role that carved his leadership expertise in Open Pit Project management. In 2019, Sechaba finally went on to pursue his dream of owning a business. A dream that was unfortunately short-lived as the global pandemic Covid-19 hit most businesses in the country, his company was no exception. He then continued to serve on the African Exploration Mining and Finance Corporation as a non-executive Director, but later joined the organization as Executive for Projects. Sechaba also headed a project for BME as Mining Head at Samancor's Mooinoi Operation.

He then joined PMC in early 2022 where he currently works as Package Manager: Vertical Development.

As experience which he finds totally different but unique altogether. He is responsible for safely mining the ventilation shaft to 1200m. A role which he hopes to achieve through providing leadership and support to the Murray and Roberts Cementation team. He mentions how he finds the PMC environment very calming, "I am not sure if it has anything to do with the animals but coming to work at PMC has a calming effect on a person. To me, anything or place that reduces my stress levels without having to see a therapist is the best place to be," he exclaimed. He also mentioned that he has learnt over the years to show compassion to those who need it around us. "In the olden days, mental health issues were perceived as a weakness, we need to change that mentality as any one of us can be affected."

When asked about the type of leadership style that is effective, Sechaba is clearly engaged and mentions that building relationships with all stakeholders in the workplace is key to ensuring that the objectives set can be achieved. "Setting clear goals and measure performance, each person needs to be held accountable for their work", said the articulate and cordial leader. He maintains that fairness, providing support and showing unconditional care improves interpersonal relationships. This also ensures there is a clear understanding of everyone's role in the business's success.

After work, Sechaba can be found spending time with his family, he isn't shy to mention that he is a man with multiple talents. Besides his qualifications, he has completed several skills development programmes in several trades and fields such as: Tiling, Bricklaying, Interior Design, and is a qualified Gas Installer. He is coy about mentioning that he knows his way around the kitchen. Sechaba also loves active sport such as jogging, squash and swimming.

Apart from his work and home life, it is clearly visible that this leader is people orientated. He knows what he wants, and he always finds and creates opportunity to learn and impart knowledge to others. He compares himself to an eagle, a



powerful animal that symbolizes freedom, courage, wisdom, loyalty, and truth. It also represents leadership and authority, quite an interesting connotation.

When asked to share some motivational words to everyone, this is what he had to say:

"Learn to fail forward. Spend more time studying failure than you do success. There are more people who fail than those who succeed. Failure is not an event but a continuous learning curve, understand that. We learn from our failures, our attitudes not aptitude will help you reach your latitude, Never give up!".

# Exemplary Leader: Johan Du Plessis hangs up his PMC health and hygiene boots



Passionate, loud, and proud are the words used to describe Johan Du Plessis, Occupational Health and Safety superintendent at the retirement event organized by the SHEQ Department on Friday, 26th May 2023. The Xikhwarhu conference centre was packed to capacity as colleagues and friends came to say goodbye to one of PMC's legends going on retirement.

General Manager for SHEQ Division, Johan Van Dyk welcomed all attendees to the tribute event for the shy Du Plessis who dedicated an impressive two decades to PMC. The room was filled with chuckles of laughter as some of the fondest visual reminders about Johan were shared. Photos of his ideas during events demonstrating that his creativity was unmatched. Everyone would usually be eager to see Johan's next innovative idea or concept! Manager Safety and Security, Riaan Van Der Westhuizen, gave a heartfelt tribute to Du Plessis on behalf of all whose lives he has touched, and paths have crossed. Johan will be remembered for several things; one was his ability and passion to uplift others, with several Superintendents, Advanced Environmental Control certificate holders and RPO's owing their career to the start he has given them. This passion that he had for promoting others was evident as even during his last few days in service of PMC, still following up on the progress of the skills development project for others.

In his gratitude speech, an emotional Johan shared some of the experiences that he encountered while at PMC, especially some of the more noteworthy achievements. "There will always be negative people daring you not to try something new that might assist in the development or progress at work and in your life," he continued "If you find one or two people who are high achievers, goal setters and do more in their work environment, stick to those people. Ultimately, they will be instrumental in your personal development and success of the business". He went on to mention that, even if he may be retiring, he will still be available to offer support to his fellow colleagues at PMC, as the company has been his second home.

Thank you so much for your contributions at PMC, Oom Johan, rest and be content with the knowledge that you have left a legacy!

### New Employee Feature

### Welcome Aboard - Bobby Malatji Mechanical Fitter - Lift II and Surface

In this second instalment of the Pala Connector's new engagement feature for 2023, we get to know Bobby Robert Malatji, 48, who is from the Limpopo province, Mushiyani town, which is located outside of Giyani. In 1997, Bobby and his family relocated to Namakgale, in Ba-Phalaborwa. He is devoted to his three children and his role as a husband. He had no gualms about describing himself as a brave, aspirational, modest, and thoughtful man. This man takes huge pride about his commitment to his family. He went to Mushiyani primary school then went on to complete his high school studies at Chameti high school. He furthered his higher education at Sir Val Duncan and later moved to Mopani College to pursue an engineering qualification.

When he was younger, Bobby wanted to be a lawyer, but after meeting Ngwako Ramoshaba and Issac Maphallele Malatii, two artisans at Palabora Mining Company, he was persuaded to major in engineering. He served as a PMC apprentice in 1997. Since this was his first work environment, he was excited and fulfilled because he could meet all his needs before moving on to greener pastures. Bobby was fortunate enough in his career to work for various mining companies, such as Sasol Nitro (Bosveld), Foskor, Nkomati Nickel, Sibanye Gold and Minopex. In June 2023, Bobby was then appointed by Palabora Mining Company (PMC) as a Fitter at Lift II underground and surface.

When asked about what he liked most about PMC, Bobby mentioned the culture of the company thus far. He was motivated to pursue a career in mining because he appreciates how the company grows and develop workers from the ground up and the stability that comes with working in the mining sector. He added that he appreciates how welcoming everyone has been at the mine and that all the engagement training sessions are highly educational and helpful to the workers. The upbeat attitudes and energy at work inspire him to show up each day.

Bobby enjoys spending time with his family and exercising outside of work to stay healthy and in shape. He also enjoys running. He mentions Braam vd Westhuizen and Xolisa Sindalala, two of his previous leaders, as his two motivators.





They encouraged him to improve himself personally and professionally.

"Do your best in this moment as doing so puts you in the best position for the next moment, and in everything, remember to give thanks to the Almighty God", Malatji advised everyone.

Congrats on your appointment, Noko. Welcome greetings from the PMC Family.

Wishing you great success in your new position!

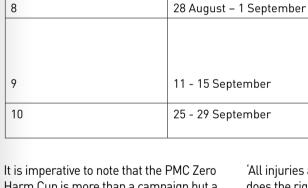
### SHEQ Corner

# PMC drives efforts to promote safety messages to employees



On the 31st of March this year, the PMC Zero Harm Cup Tournament kicked off with a soccer match. Management and employees embarked on a campaign to signal the re-commitment to ensure that sections find a way to play safely in the field of work. Although the tournament kicked off with a physical soccer match, the tournament requires teams to engage in "hypothetical" soccer matches with potentially fatal risk opponents in their workplaces.

This is one of numerous campaigns that the SHEQ Department are running to remind employees to do the right thing about safety, both at work and at home. The mission is to promote interactive sessions where safety hazards and risks are discussed and tackled – by implementing the appropriate control measures to reduce the risk - just like an opponent of a soccer field. It has been very inspiring to witness various PMC sections heading the call.



DATE

17 – 28 April 8 - 12 May 22 - 26 May 5 - 9 June 19 - 23 June 3 - 7 July 14 - 18 August

МАТСН

It is imperative to note that the PMC Zero Harm Cup is more than a campaign but a drive to influence employees to consider the impact of their behaviour on their own Safety, as well as those of their teammates. This is aimed at instilling a winning mindset for everyone to be compelled to approach possible hazards and risks in the workplace with extreme caution to avoid any injuries.

'All injuries are preventable, and if everyone does the right thing, implement the appropriate controls and conduct their work safely, no accident will happen. The idea behind the Khumbul'ekhaya and Zero Harm Cup campaigns is to make safety personal, to remind everyone that the people waiting for you to come home after





#### For your convenience, herewith the schedule for the planned matches for the year, 2023:

ZERO HARM CU

IP MATCH SCHEDULE	
FATAL RISK OPPONENT	FATAL RISK PROTOCOL NUMBER
Isolation	1
WAH (working at heights)	4
Vehicles and Driving	3
Electrical Safety	2
Confined Spaces	5
Lifting and Hoisting	6
Fire and Explosions	7
Explosives	15
Conveyer Safety	8
Mining & Ground Support	10(a)
Slope Stability	10 (b)
Railway Safety	9
Molten Metal	11
Occupational Stressors & Fitness for work	12

work are the ones who will suffer most if you get injured. Let's join hands and do the right thing, always, to ensure that we work safely for all of us to get home to our loved ones." said Safety Manager Sarie van Wyk.

ENGINERING

# PMC invests in science by donating lab equipment to Kingfisher Private School



Future scientists were filled with great joy in the morning of the 05th of May 2023 at Kingfisher Private School, all thanks to Palabora Mining Company that donated lab equipment to the local school. After years of submitting the request to PMC, the local school was ecstatic to receive this generous donation.

PMC cares and believes that the science laboratory equipment will help promote careers in science and engineering as well as to encourage learners to pursue studies in this scarce field. The lab equipment which was handed over to this school included funnel filters, magnet bars beakers, thermometers, human skeleton models.

Phomelelo Malatji, Training and Development Superintendent, addressed the learners on the role and importance of science and technology in building a successful and prosperous Africa. She also urged learners to use the equipment during their practical lessons to fully understand content taught in class. "We hope this donation will genuinely restore and boost your interest in science", said Malatji. She further informed the learners about the PMC bursaries and learnerships and encouraged them to work hard to gualify for bursaries.

Tshidi Ngobeni, Transformation Superintendent also congratulated the school on receiving this equipment and shared how inspiring it was to see that young people take their studies seriously and respect their educators. She further encouraged the learners to use the lab effectively, always keep it clean and in good condition for future generations to utilize.

"The school incredibly appreciates PMC for choosing the school to receive the lab equipment. Many learners will benefit from this equipment. It will also spark our learners' interest in science and engineering", said Mr. Nechombo, teacher.

"We are delighted to receive this donation, we know that this will make a difference in the lives of the children at our school as we want to see them reaching their full potential", said Ms. Rudolf, acting principal.

# Safety stand down conducted to enhance safety measures for scaffolding users



The Safety, Health, Environment and Quality (SHEQ) department at Palabora Mining Company (PMC) gathered at Arena Hall on Friday the 12th of May 2023, in recognition of the risks that scaffolding workers from Vakanayena Enterprise (VKY) face daily on the job. The employees from Vakanayena, safety officers and leaders came in numbers to play their part in the safety standdown to improve the safety culture amongst the scaffolding teams, and to address the number of Injuries and Serious Potential Incidents (SPI's) recorded the past few months.

The session was facilitated by Riaan Van Der Westhuizen, Manager Health, Hygiene & Security with the assistance from Godfrey Mbhalati, Manager Safety Underground. The session was differently set this time around as employees were grouped with safety officers and supervisors to discuss and assess potential causes of the incidents and the challenges the scaffolding teams face when trying to work safely. "This is what the business needs, to engage with employees and contractors on the ground in a brainstorming session because they will get to tackle issues at hand without fear. I am vouching for this type of safety standdowns as employees open up and safety officers advise them on way forward and forward, safety hazards and issues gets to be tackled," said Joiner Sibuyi, who attended the safety standdown as an observer.

The main aim of the safety standdown was to highlight and understand the grassroots issues which may affect worker safety that VKY faces. The collective goal was for every employee to return home safely at the end of every shift by embracing the PMC spirit of Khumbul'ekhaya.

"We decided to set up the session differently because we wanted everyone to play a part, to engage and make an impact at the end of this session. Everybody has a role to play and can make a difference, this workshop proved it. Instead of one or two people giving a lecture or a safety share, we had employees actively and fruitfully spending 2 - 3 hours thinking and engaging about safety and tackling the issues around it," Riaan Van Der Westhuizen, Manager: Health, Hygiene & Security said.

PMC's Chief Engineer, Itumeleng Ngoae released a brief to the business confirming that following the success of the safety standdown with VKY employees, with the support from SHEQ Department, that the VKY employees can resume work under the following conditions:

- Currently erected scaffold mine wide will be inspected by VKY Supervisors and over inspected by responsible site managers for underground and surface areas and be declared safe for use.
- To allow employees to go back to their respective shift and standby rosters after participating in the safety stand down today, new scaffolding erection requests will be serviced from Saturday the 13th of May 2023.

In summary, all people working at Palabora Copper, irrespective of being a visitor, a contractor, or an employee, has a duty to ensure a safety and productive workplace and the stand-down conducted has clearly indicated two things, i.e., safety is not the Safety departments responsibility only as everybody has a responsibility and ability to contribute. We now must take this understanding into our day-to-day activities.

Let us all work safely and remember our loved ones at home.

# PMC Marula Family Marathon breaks the record in bringing people together



On Saturday, the 22nd of April 2023, PMC held the 2nd annual Family marathon, this time under the Marula Festival brand. The Marula festival event that has fast become one of the most sought-after events on the South African calendar, which was initiated to bring people together. For some, running in the PMC Marula Family half marathon was a first, for others it was one of many marathons they have run. One thing for sure is that people run for different reasons, some for fun, health and others are professional runners whose aim is to collect another winner's medal and the cash prize up for grabs.

The experience of running inside a mine was even more unique this time by incorporating the Kruger National Park into the 21.1km race. Who wouldn't like to run on the same ground where the "Big Five" animals have walked. "A true unique experience," said one of the runners. Over a thousand runners made their way from all over the country and continent to participate in the marathon, PMC leaders and government MEC's met on the racetrack while families ran together to improve their health while bonding.

There was a huge number of professional runners who were hungry to take the gold at this event. This was evident with the competitiveness that was visible with the results.

The biggest winners for the day were the 21.1km winners: Joel Mmone who finished the race in an impressive 1:04:29s which was a convincing win as 2nd place went to

Reghen Magwai finished in 1:05:21s. The 3rd, 4th and 5th place were merely seconds apart as the three gentlemen battled to be in the top 5. In 3rd place Godknows Sipanela made it in 1:06:09, 4th place went to Simon Mokonyama in 1:06:25s, the 5th spot was reserved for Tiisetso Mokhoma who finished in 1:06:38s.

The women really showed impressive results with Nobukhosi Tshuma taking the winner's trophy in 01:19:41s. Trailing just under 4 minutes after her, Rudo Mhonderwa came in second place in 01:23:18s. Kataza Shipalana came in 3rd place in her timing of 01:24:22s. Placing in 4th place Funeka Zaula who made it in 1:29:51s, the last spot in the top 5 went to Maria Shai who finished in 1:30:18s.



The sprinters in the 10km came in guns blazing with the winner Kabelo Seboko finishing the course in 00:29:28s, followed by Nicholas Seoposengwe who retained his second position as last year, with a timing of 31:26s. He was neck and neck with the 3rd and fourth place winners as they were seconds apart, with Chris Mhlanga finishing third in 31:35s and Gregory Moholola clocking in 31:40s. In 5th place Amanthe Modingwane took 5th place after finishing the 10km race in 32:15s.

In the women race 10km, Karabo Mailula gave a convincing win after finishing the course in 36:41s. Farida Zwane followed in 38:04s. Third place went to Kelebogile Motshabi who finished in 39:24s. Roselyn Nyawira finished in fourth place to earn her spot in 39:52s. Last year's winner Catherine Skhosana finished in fifth place this year, in a time of 43:10s. Proof that the competition was very tight in this year's marathon.

The race would not have been complete without PMC awarding a prize to the first male and female home winners for the 21.1km. Molemi Vasman Mokoo took first place after completing the 21.1km race. PMC women came out in full force, but only one could be crowned winner, Angelique Kriel is the fastest woman at PMC for 2023.

The winners were delighted to receive their medals and trophies handed over by Limpopo's MEC for Limpopo Economic Development, Environment and Tourism, Rodgers Monama and Limpopo Health MEC Dr Phophi Ramathuba who was also the most popular 21.1km runner who was seen socializing with PMC leaders, employees, and the public at the event. She is usually seen in Limpopo marathons advocating, promoting exercising and running to promote a healthy mental and physical health.

It was beautiful to see all the people from diverse cultures and backgrounds, young and old, come together in a sport that



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promotes a healthy lifestyle. The Aerobics session became a hit for all at the Impala Park Stadium where children and adults engaged in fun and rhythmic exercise dances at the end of the 5km fun run. This event attracted a lot of people who managed to support the marula festival local vendors selling food, snacks, and drinks during the week of the festival.

A huge thank you to all the companies who hosted waterpoints at the marathon, PMC Vermiculite Business, PMC's Women In Mining, Nandzu Cleaning, Sefapane Lodge, UMM, Murray & Roberts, Foskor, Mopanie, Vakanayena, Nkabo, Vexovax you were all nothing short of amazing!!!!

Congratulations to all the winners!!!

### **Operational Update**

# Crusher 5: A massive work in progress



On the 22nd of May 2023, the assembled Crusher 5 bottom frame was safely placed on its base! This was a milestone, not just for the construction team but also for the business, signifying a fundamental change in the project, the anticipation of the mechanical work to commence. With the bottom frame now on its base allowing the other crusher components and axillary services to be transported and installed underground. On the 7th of June 2023 the last Crusher 5 main frame component was moved into the crusher underground workshop and liner installation could start.

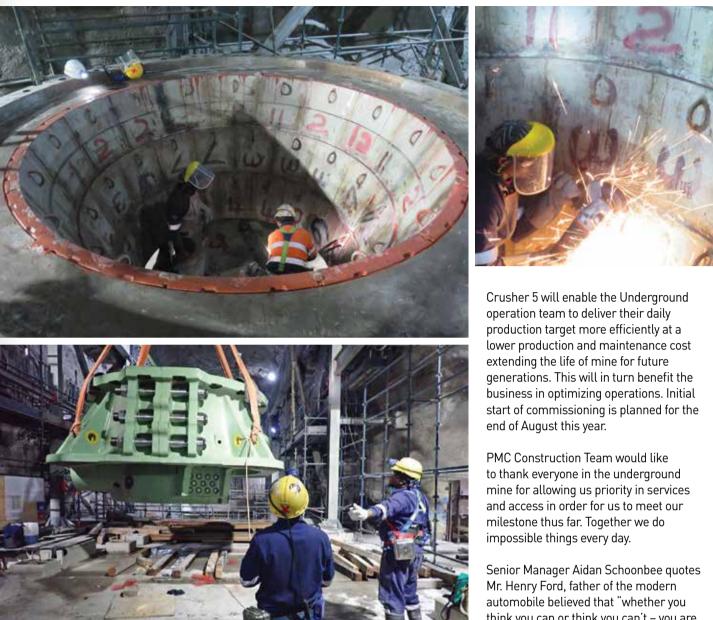
Both Crusher 5 and 6, are Thyssen Krupp BK 63-75 (s) jaw gyratory crusher (with a 63-inch feed opening and a 75-inch cone diameter, hence the 63-75 and the (s) meaning split), was designed in Germany with the major components manufactured

in China, Czech Republic, and Germany. These crushers have a design capacity of 2000 tons per hour and the ability to crush rocks of a maximum size of 3m x 1.6m down to approximately 225 mm. The fully assembled crusher will stand four storeys high on its base and weighing in at approximately 150 metric tons. It will be the largest crusher of its kind installed at the deepest level underground in the world. The entire complex from tip points on top to sacrificial belt at the bottom is equal to a 20-story building.

These crushers were specifically designed for Palabora Mining Company (PMC) and are unique in the sense that the main frame is split in half for transport purposes. This requirement is necessary as it keeps the component mass below 35 tons and the overall dimensions smaller

than 3m x 3m x 8m to fit into the service shaft cage and to allow transport in the underground haulages. PMC service shaft has a maximum payload capacity of 35 tons and internal dimensions of 3x4.5x8m.

At PMC, Pieter Coetzer is the project lead for the technical aspect of the project. His technical team, in partnership with the construction team, have been working tirelessly to ensure a smooth transition of the project. Wayne Smit and his team are responsible for the construction. Uniquely designed specifically for PMC, the crusher has enormous capacity for underground construction. A promise of higher performance that will produce maximum results. The specifications of the crushers that will be at PMC makes a competitive one within a global scale, pushing this to be one of the biggest in the world.



The Crusher 5 project can be compared to planning to travel to the center of the earth. It has not been an easy journey as the project stumbled upon some technical challenges throughout its duration. We are fortunate to have an innovative team comprising of various experts in their respective fields. Problem solving and finding proper solutions is a daily exercise within the team and going back to the drawing board more than once is not unexpected. The team is not immune to conflict and a higher level of emotional intelligence within the team allows for quick resolution and focus returning to the task at hand.

There has been a lot of teamwork and collaboration between construction and mining that led to the smooth running of the project. One cannot be successful without the other and that was pivotal in ensuring that the correct communication is received at the right time by the relevant department or company. The team is relying on the ongoing partnership from all stakeholders to ensure the success of this project, including approximately 15 companies contributing and collaborating to achieve a great outcome.



think you can or think you can't - you are right."

> "As a sponsor to this gigantic undertaking, deep in the bowels of the earth, I am privileged to work with a team who "believe they can" create this complex asset. An asset that can and will help us produce copper well into the 2040's."





# PMC Women in Mining open their hearts to local children

At a time when the country commemorated child protection week from 29th May to 5th June to raise awareness on children's rights as articulated in the South African constitution. Our Women in Mining took a resolution to support this initiative by lending a hand in ensuring that children who are most vulnerable receive the necessities in this time when poverty is still rife.

On Friday the 02nd of June, The PMC WiM visited the Makhushane Drop-in centre to spread some love and care by donating necessities to the children who frequent the drop-in centre daily for meals and other form of care. The centre services

an average of 92 children a day and depends on donations from corporate and government to ensure that vulnerable children are fed.

PMC women decided to make contributions from their pockets to make a difference in the lives of these children whose ages ranges between 5 – 17 years are catered for, at least for a day. Cindy Baloyi, centre manager was overwhelmed by the contributions and shared her gratitude: "I am very happy that the children will receive something extra for today. Every little donation makes a huge difference, we appreciate the love that the PMC Women have shown to these children".

"It is so heartwarming to see the smiles on the little faces, every opportunity to give, is an opportunity to make a difference in a child's life. We urge all PMC employees to also support the Mandela Day campaign", said Katekani Mgiba, PMC SHEQ Women in Mining Representative.

PMC WiM Chairperson, Mpho Nyarela who engaged with the children shared that the forum is committed to protecting children and ensuring that their needs are nurtured and cared for.









#### PMC NEWSLETTER - NEWS

# Growth and Asset Management battle it out at the 2023 Cook-Off Challenge



The much-anticipated 2023 PMC cook-off competition held at Seboka Lapa on the 14th of April was a thrill. The atmosphere was filled with excitement and exotic aromas as PMC employees and contractors demonstrated their culinary skills at the cook-off challenge.

This year, the Senior Manager Construction and Concentrator, Aidan Schoonbee challenged General Manager Asset Management, Zakes Malepe, to the MasterChef cook-off. Employees and contractors from these two departments formed teams to prepare mouthwatering dishes to present to the judges to be crowned as the 2023 cook-off competition winners.

There were six teams in total competing against each other. Beyond the mystery boxes received which were full of different ingredients, Teams spiced things up with creative names: Habanero Chilli Boys, Green Leave, Pirates of the Carribean, Laeveld Potbrouers, Crushelicious and Tinghala.

This competition was more than just fun, it was aimed at uniting people. The teams were chatting, laughing, and dancing to the music. They really came out in numbers to support this initiative. It was refreshing to see employees and contractors out of the office and enjoying each other's company.

The teams had fun preparing their dishes, they really brought their A-game. Before they knew it, it was time up and they had to dish up for the judges. The judges were ready for this moment, they moved from one cooking station to another, allowing the teams to do a mini presentation, tasting



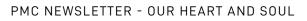
the food, and giving comments. The judges crowned the winners after considering the following: the best outfit coordination, workstation presentation, creativity, practicality, flavors and taste.

The judges had a difficult time deciding on the winners as all pots were sizzling. Despite all six (6) teams proving that they could stand the heat, there could only be one winner. Pirates of the Carribean (Ewert, Refilwe and Elsa) won the best organized station award, Crushelicious (Johan, Tanya, and Brendan) were awarded for the best uniform and Tinghala (Edith, Avita and Andre) were awarded for the best store station.

The spotlight was on Team Green Leave (Charon and Mpho) who retained their cook-off championship title from last year. Their food was unmatched.

Well done to all the teams who participated at this competition!!! Teamwork makes the dream work!!!



















# Employee Profiling

### Patricia Khosa

#### 1. Name and surname. Patricia Ntwanano Khosa

2. Birthplace Mzilela Village, Giyani

#### 3. Briefly tell us about yourself, family background.

I was born and raised in Mzilela Village then later moved to Namakgale, Village. I am married and blessed with two (2) children, girls. I am from a family of three, one (1) boy and two (2) girls.

4. What is your secret talent? I would like to think that I am a fast runner.

5. What is a fun fact about you many may not know? People find it hard to believe that I am a fitter simply because they think being a fitter requires a body-built people with strong muscle.

6. What do you do in your spare?

Spend time with family, travel, cook and gardening.

- 7. How long have you been with PMC? what is your current position? I joined Palabora Mining Company (PMC) in 2018 as an Apprentice Fitter, later got appointed as a Fitter in 2021 at Salvage yard section. Currently am in my 3rd year.
- 8. What are your main responsibilities at work? Daily inspections, attend to breakdowns and maintenance.
- **9. What do you find challenging about your job?** Working around wild animals.
- **10. If you could have a career in anything, what would It be?** Mechanical Engineer.
- 11. What is your secret to success in your workplace? Embrace my fellow colleague's ideas and do my own research.
- 12. Your words of encouragement to colleagues and the community at large

Stay out of trouble, respect, embrace teamwork, believe in yourself, and face your fears.





### Elliot Makatu

1. Name and surname Elliot Makatu

2. Birthplace Makatu Village, in Venda

**3. Please tell us about family, are you married? Any kids?** Happily married and blessed with three (3) children, a boy and two (2) girls. I am from a family of seven (7), three (3) females and four (4) males. I finished my matric studies at Mphephu high school in 1992, then went on to further my higher studies at Sir Val Duncan where I did business studies course.

4. What is your secret talent?

I used to be a great soccer player, who played position 6, as a defensive midfielder.

- **5. What is a fun fact about you many may not know?** Christian.
- 6. What do you do in your spare time? Spending quality time with my family, and braaiing.

7. How long have you been with PMC? what is your current position?

1996 joined grey security services which was under a contract at PMC until 2001 worked as a supervisor. In 2002 PMC absorbed me as a security officer for a period of 21 years until I got promoted to a security supervisor position which I am currently occupying.

#### 8. What are your main responsibilities at work?

- Supervise the employees that works for the security company that is contracted at PMC.
- I also conduct investigations, operations and sometimes standby after working hours.

#### 9. What do you find challenging about your job?

- Unplanned community protest.
- Employees, as we all know that working with people can be a challenge, I tend to have a challenge when employees engage in physical fights.

#### 10. If you could have a career in anything, what would It be?

• I would not change it as I have always wanted to be in the law enforcement field.

### 11. Your words of encouragement to colleagues and the community at large.

- As colleagues let us learn to appreciate our jobs as we can all see that our employment rate is not looking good, I have lot of graduates that are out there seeking for jobs.
- For Phalaborwa residents, let us learn to engage with our leaders and raise issues in a proper manner for us to reach a common ground. Let us unite and become one.

### Feature article



Home ground advantage might have played a part in ensuring that Angelique completed the 21.1km race long before other PMC women but this 38-year-old lady is proud of her roots and is not shy to say that she has spent her entire life in Phalaborwa.

## PMC's fastest woman, **bold and powerful** - Angelique Kriel

The eldest of two daughters, Angelique gave out a radiant smile when she exclaimed that she shares her birthdate with her sister, who was born four (4) years later. Angelique relays how her upbringing played a huge impact on her personal life including a time when she suffered a loss of her fiancé a few days before their wedding. A partner whom she shared a few years with. She attributes her daughter as her source of strength, considering a few challenging times in her personal and professional life. Angelique remains focused and optimistic about her future.

This mother of one, a twelve-year-old daughter who is a Provincial netball player. A talent which seems to have been inherited from her mother who also plays netball and is an avid sportswoman. Angeligue attended local Phalaborwa schools and participated in netball and cycling. After completing grade 12 at a Private Christian school, she went on to complete a Business Studies qualification and secured employment in the retail sector and worked her way up from a filing clerk to conveyance secretary. Angelique joined PMC as a Data Capturer in the year 2008. She was later be promoted to maintenance scheduler at the underground shafts. Angeligue was privileged enough to have the opportunity to become Project planner for the duration of the partial rebuild of the Reverb Furnace. Her current position is Shutdown Scheduler.

Angeligue mentioned how much of an honour it is for her to be crowned PMC's first woman to complete the PMC Marula Family marathon 21.1km race. "It makes me feel proud to carry the title and motivates me even more. This was my first half marathon and after being challenged by a friend, I gave it a go. The friend gave me enormous support from training right until I went to the finish line".

Running is something that has become a huge part of Angeligue's life enabling her to stay healthy, fit, relieve stress and clear her head. When she is not at work or on the racetrack, or travelling to support her daughter she spends time with family and friends. She shares that as part of her legacy, she would like to be remembered as someone who always showed up whenever they were needed. Her passion for people and willingness to assist others motivates her have hope in future.

Angelique's words of encouragement to PMC employees - "Every cloud has a silver lining – Life will always throw challenges at you, nothing is permanent. Each difficult situation has a comforting or more hopeful aspect, even though this may not be immediately evident. Live every day to the fullest, tomorrow is not promised. Wake up every morning with a grateful heart.

Never give up, in the end your patience and tolerance will pay off."

# The Benefits of Donating Blood

#### The Benefits of Donating Blood

Donating blood can seem intimidating, but it's an easy process that can help save someone's life. There are some health benefits for donors too, on top of the benefits that come from helping others. More than 26% of donated blood is used for cancer patients, and cancer can affect anyone at any time. Other patients most in need of blood are women hemorrhaging due to pregnancy complications and other gynecological complications, premature babies, children with severe anemia, anemia due to malaria complication, accident trauma patients and surgical patients.

#### **Mental Benefits**

Donating blood has benefits for your emotional and physical health. According to a report by the Mental Health Foundation, helping others can:

- reduce stress
- improve your emotional well-being
- benefit your physical health
- help get rid of negative feelings
- provide a sense of belonging and reduce isolation









PAGE 23



#### Donating blood is good for your body

Donating blood regularly reduces your risk of heart disease. In fact, according to a study published in the American Journal of Epidemiology, blood donors who donated blood bi-annually were 88% less likely to suffer a heart attack due to the lowering of iron levels in the body, and 33% were less likely to develop a cardiovascular disease.

#### Free health checkup

The donor will get a free medical checkup of blood pressure, hemoglobin level, blood analysis and be notified of their blood type. If a patient were to go to a doctor's office to find out their blood type or get a blood analysis it would not be free, however, as a blood donor it's completely free to the patient. Blood that is donated is checked for several health factors to make sure it can be used for donation. Some of the factors that are checked include HIV. syphilis and hepatitis. If blood contains a

#### Credit: SANBS and PMC OMP. Dr Ian Mgiba

To become a blood donor, you must:

- Be between the ages of 16 and 75 years
- Weigh 50kg or more
- Be in good health
- Lead a healthy lifestyle
- Consider your blood safe for transfusion to a patient
- Commit to donating blood regularly

To find out more about where you can donate blood, visit www. sanbs.org.za or call 0800 11 90 31. Connect with us on Twitter (@ theSANBS), Facebook (@SANBS) and Instagram (@thesanbs).

For more information on this article, visit the mine clinic.

# Organisational Design and **Operational Readiness visit** underground

Organisational Development and Operational Readiness teams visited underground mining on 8 June 2023 in preparation for the start up of Crusher 5 and the whole business resourcing for Lift Il operations. The host for the visit was

Manager Horizontal Development/UC & Drawbells, Rendani Nemathithi, Manager who took the teams to the Lift I and Lift Il operations showing them the section of Lift I which will remain post the Lift II transition process and then proceeded to the new underground mine (Lift II). In Lift II, the teams had an opportunity to see the construction work undertaken for Crusher 5 and some of the work that was completed for undercutting.

"It was such a great experience visiting the underground mine, putting into perspective the work that we do with the underground team in defining the Lift II steady state organizational structure, now I have a better understanding of what each role does and the level of complexity that comes with it. The other feature that stood out for me was seeing the images of PMC leadership as you enter the underground mine, it brings a sense of oneness between the leaders and employees and that set a tone on leadership expectations from employees. " - Nozipho Zitha, Manager Organisational Development and Desian

"The visit confirmed PMC's commitment to its employees and community by investing in one of the largest capital projects in the country. Lift I has served us well but Lift II is our future. Let us embrace the business transition from Lift I to Lift II as a means of leaving a legacy for our families and children. - Wendy Maritz, Operational Readiness @Enabling Manager.









The logistics team whose roles are usually office-based decided to make a go at a mine tour and explore the Palabora Mining Company operations. They are usually making sure that Vermiculite, Magnetite and Copper products produced by the mine reach our valued customers in every corner of the globe, at the right quality and on time. This idea came after one of their safety meetings where one employee Henriette Kriel suggested a team building. After pitching the idea to the leadership, it was approved and the learning and exploring journey began.

They decided to dedicate every Friday to going on a mine tour, visit PMC's different operational areas and get to explore the origin and processes that PMC's much-sought minerals go through before they are dispatched to the ports.

On 19th of May 2023, they had their first visit at the Concentrator Stream 2, and upon their arrival, they were welcomed by the supervisor who took them through the plant, giving them all the necessary details about the plant. They enjoyed the exposure to the plant and decided to visit Concentrator again the following week on the 26th of May 2023. This time, they went to Stream 1 and made sense of what they were taught the previous week. On both occasions, a Site-Specific Induction was conducted before they embarked on the tour of the plants.

Aubrey Raseasala, Supervisor at Magnetite Operations Stream 1, took the Logistics Team on an hour visit to some areas of the plant where he explained the processes that the minerals go through. The cleanliness of the plant was highly





praised by the Logistics team. An overall informative experience for the Logistics shipping team.

According to Elen Khumalo, supply chain vermiculite superintendent, this is an exciting opportunity, and it will enable the logistics team to know what processes the products go through before they are dispatched and ensure it reaches the business' customers. "We are to visit other sections in the mine to ensure that the team that works with administration and planning of the company's shipping have a better understanding of the process at PMC and what each section of the value chain entails", Khumalo said.

Their plan is to visit all areas at PMC before the end of the year! May this team's exercise encourage other sections to do follow suit. Learning never ends.

# PMC Awards employees and teams with innovative and successful ideas



HBIS Group in line with PMC business objectives is rewarding its Láomó. Láomó is a Chinese phrase meaning model worker. The conglomerate initiated an award program to reward as well as drive performance and career progression for Individual and Teams who display outstanding service through their work as well as exhibiting a positive and supportive attitude at work.

This year, 2023, in line with Palabora's Employee Value Proposition program, HBIS Group is recognizing 4 employees for their innovative contribution to PMC operations. The nominees were selected internally by PMC management and submitted to HBIS Group. The objective of highlighting their skills and elevating them as exemplary workers is to appreciate and retain them as well as motivate their team members to acknowledge and follow their example. PMC is most proud of the 4 recipients for their efforts to deliver quality work as well as drive high performance within their teams.

The quartet has managed to successfully identify current gaps within their respective sections and furthermore provide profitable solutions that satisfy even the business' future needs. PMC is growing and with a top talent workforce that is dedicated to drive change that leads to Zero-Harm, sustainability and profitability, the business will also enjoy the forefront position of being recognized as a Top Employer. SHINE ON to Simon, Sithembiso and Martin for their cost saving improvement with the installation of Scamont Pump at Dewatering and Paulien for her exploration with new technology implementing a new data integration system that effectively manages the geotechnical risks during undercutting.

"This acknowledgement of the four employees is also intended to remind employees that the business is always keen to bring its policies to life by rewarding innovation, excellence, and continuous improvement. All employees including contractors are encouraged to submit innovative ideas that will improve operations.," said Sam Ngidi, Senior Manager Operations and Lift II Projects.

# Mental Health in Men!

South Africa has the third highest suicide rate on the continent, with more men than women committing suicide. As with many health statistics, it is difficult to know if the figures are a true reflection of what is happening. They can only tell us about mental health problems that have been reported, many cases may go undiagnosed because of the stigma. Most men tend to minimise their mental health symptoms, deny what they are going through and are hesitant to seek help, implying that far more men are suffering than what statistics is indicating.

#### Warning Signs/Behaviours of Mental Health Issues in Men

Men are less likely to open up about their emotional struggles, such as feeling worthless, sad, or hopeless. Although both men and women can suffer from the same psychiatric disorders, signs of mental health issues in a man can vary greatly, like the following:

#### Dramatic change in moods

A man suffering from some form of mental illness is likely to experience extremely high and/or low moods accompanied by high and/or low levels of energy.

#### **High Level of Anxiety**

When a man is coping with mental illness, he will probably experience excessive anxiety, worry, and fear. Couple with overthinking and intrusive thoughts, paranoia is also widely experienced by men suffering from a mental illness.

#### Persistent Sadness

One of the most common signs of mental health issues in men is long-lasting feelings of sadness. Often associated with depression and related conditions, feeling of hopelessness, helplessness, emptiness, and irritability can be frequently experienced.

#### Changes in Appetite and/or sleep

Men coping with mental illness often experience dramatic changes in their appetite, either eating less or more than previously. They may also experience drastic changes in their sleeping patterns or have trouble sleeping.

#### Social Withdrawal

Social isolation and withdrawal are among the most widely observed signs of mental health issues in men.

#### PMC NEWSLETTER - OUR HEART AND SOUL



#### **Other Signs**

- Violence and aggression
- Lack of interest in life
- High-risk or reckless behaviours
- Substance abuse
- Self-harm or Suicidal thoughts
- Sadness or hopelessness
- Physical symptoms, e.g., persistent headaches, or stomachaches, etc. for no apparent causes
- Restlessness and difficulty concentrating
- Change in appetite and weight
- Fatigue or exhaustion
- Obsessive thoughts
- Feeling restless or on edge
- Talking too much or too fast
- Escapist behaviour, like spending too much time with friends or playing video games or sports
- Being abusive or controlling in relationships
- Being easily annoyed, rude, or expressing misplaced anger
- Avoiding work, family duties, and/or other responsibilities
- Making grandiose plans
- Inability to function normally
- Unusual or out of character behaviour
- Illogical thinking
- Low libido
- Refusal to get assistance

These signs/behaviours help men to hide their depression, loneliness, sadness, and isolation which can eventually become morbid. Self-perceived stigma also affects men coping with psychological issues and prevents them from talking about or seeking help out of shame and guilt. The sad truth is our cultural norms and standards of masculinity are driving men with mental illness to their deaths.

#### A silent crisis

As the signs of mental health issues in men have a hidden nature, it is seen as a "silent crisis". 'Men don't feel emotional pain' or 'men don't cry', that is what we have been taught. The sad reality is men can get depressed, anxious, and suicidal. Mental illness in men is an alarming issue and we need to pay more attention.



# PMC, Hlayeleni Consulting Engineers and Selby construction handover a revamped sewage pumps station to the municipality



On Tuesday, 13th of June 2023, Selby Construction and Hlayeleni consulting engineers, in collaboration with Palabora Mining Company (PMC), officially handed over the refurbished sewer pump station building and pumps that were recently revamped to ensure that the sewage system operates properly and efficiently in the town of Phalaborwa. This project was implemented consistent with our wish to protect and preserve the environment for the benefit of the local community. This major infrastructure boost happened at the pump station along copper road which was part of the road rehabilitation on the portion of Copper road.

Two automated pumps and four screens for the sewer monitoring system have been provided to ensure that PMC becomes part of the solution for the town of Phalaborwa. Sewer leakage is a societal issue, and given the challenges the municipality encounter, working together with corporate stakeholders usually results in positive outcomes.

It was such a huge sigh of relief for the municipality to receive the revamped sewer pump system. The Mechanical and Electrical Manager at Selby Construction, Isaac Dibetso, gave an encouraging speech regarding the sewer pump project. Isaac stated that, "Please feel free to contact us if you need help with anything technical and we will be happy to assist as we have the best interest of the community at heart. We are indeed thankful to have been part of this wonderful endeavor, and we would like to thank PMC for this fantastic opportunity. The municipality will be responsible for keeping the pump in good working order and maintenance is important for the long life of this pump".

"As PMC, we always believe in giving back to the community and we are proud of the significant impact that this project will bring. I would also like to applaud our contractors for always coming through when we plead with them to help us in developing our local communities.



The timely completion of this project demonstrates PMC's commitment to addressing issues with service delivery within Ba-Phalaborwa," said PMC Senior Manager for Human Resources Dennis Modise.

Ba-Phalaborwa Mayor, Cllr Merriam Malatji, thanked PMC for this generous offer and expressed her appreciation, saying that the sewer pumps are the most important tools to help the municipality keep providing vital services to Ba-Phalaborwa Communities. She urged PMC to continue aiding the Ba-Phalaborwa Municipality in its efforts to enhance the quality of life for its citizens. She also asked the city's personnel to maintain the equipment consistent with the requirements of the OEM.

PMC Executive Members later had an opportunity to visit the newly revamped pump system on Copper road to affirm the company's commitment on investing in the progression of Phalaborwa town.

Together, building a sustainable future for our town!!!

## Past Events Highlights























#### **PMC NEWSLETTER - HIGHLIGHTS**

























#### PMC NEWSLETTER - HIGHLIGHTS



pproaches I aht equipme ised? i job being don n act of safety. the job continue







#### PMC NEWSLETTER - HIGHLIGHTS











### Vision

To become a leader in the mining industry through our performance.

### Mission

To safely and profitably extract and convert minerals and metal from the Palabora ore body.

### Values

- Integrity
- Courage
- Caring
- Teamwork
- Accountability

## Core Products

Copper
Magnetite
Vermiculite

